

After a Crash: Supporting Yourself and Others

Road Trauma Support WA is hosting an information session for anyone wanting to know how they can support themselves, a family member, friend, or loved one affected by a road crash.

The information session will help you be better informed on:

- Grief and trauma;
- Common reactions experienced after a road crash;
- Useful tools and tips to support yourself and others;
- When professional help may be needed; and
- Find out where and how to access support.

This information session is suitable for those who work in the helping field and parents, caregivers, and individuals who have been exposed to grief and loss due to road trauma. This information session will allow for a sharing of knowledge and ideas within the community and beyond.

Thursday 29 April 2021

10:00am - Noon

Collie Family Centre

5 Forrest Street, Collie WA

Free morning tea provided.

Please register via the Collie Family Centre:

Phone 9734 5343 or

Email admin@colliefamilycentre.org.au



**Road Trauma
Support WA**

 1300 004 814 (free call)

 www.rtswa.org.au

 Road Trauma Support WA

 @RoadTraumaWA

For information relating to the presentation,
please contact Road Trauma Support WA:

Phone 1300 004 814 or

Email admin@rtswa.org.au




injury matters
PREVENTION TO RECOVERY